

**NEW**

# lose weight, reduce your medications

or even put your type 2  
diabetes into remission



## **A FREE GP led healthy weight programme**

supporting you to adopt a low  
carb lifestyle and achieve your  
health goals is now available to

**Colne Valley PCN patients**



To find out more and book a place  
visit: [cvpcn.co.uk/weight  
-loss-and-low-carb/](https://cvpcn.co.uk/weight-loss-and-low-carb/)



*Freshwell*  
**LOW CARB PROJECT**